# Mes pas vers le collège-Mme Amel Raddaoui Revision for my first English exam

2022 / 2023

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#### Text

Nadine is an overweight girl. Her family and friends love her and want her to lose weight but she doesn't listen.

It is her best friend's birthday Sarah, she decides to help her for the room decoration. Every thing is going fine until Sarah's brother comes and calls Nadine "Fatty". Nadine feels very sad with tears in her eyes, she keeps crying and tells her sister « I am fat and ugly, everybody hates me ».

Her sister says to her: « Listen Nadine, If you want to lose weight, you should start with fitness activities and you shouldn't eat junk food everyday like pizza, sandwich, crisps....

You should eat proteins. You can get proteins from fish, meat, chicken, eggs, milk .... You shouldn't eat quickly, you should drink from six to eight glasses of water every day. Follow a healthy diet; I am sure you will feel better! ».

Keading con	nprehension		
1. Read tl	he text and say Tru	e or False	
Ier family an	d friends want her to	lose weight.	
Nadine doesn'	't practice any fitness	activity.	
Sarah calls N	adine "Fatty".		
2. Read th	ne text again and a	nswer the following ques	tion
How many glo	asses of water should	Nadine drink every day ?	
***************************************			
Should Nadine	e follow a healthy die	et?	
		c	e e
o Commila			
3. Comple		nformation from the text :	-
3. Comple	Should	Shouldn't	]
3. Comple			}
3. Comple			
3. Comple			
Language :	Should  e the following sen		
Language :	Should  e the following sen	Shouldn't	
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Language :  1. Rewrite shoulds  • Drink a i	e the following sen n't: lot of water	Shouldn't  tences using should or	

There is a sweeties	ot the mistak a lot of foods in there .yummy ! tes delicious! Bi	Carrefour!	center. I enjo	y buying a	
6574	on in the affirm		sentences	-	
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Avoid eating too much sugary food

## 1. Reorder words to get meaningful sentences

He / like watching TV / but / he / doesn't / watch / at the moment / because / he / sleeps //
What / Wendy / does / at the moment / ? // She / cleans / her teeth //
Where / your cousin / lives / ? // She / lives / Sydney / in / Australia //
Why/you/eat/sandwich/now/?//Because/I/am/hungry//
My brother / can't / play / tennis / because / he / not / has / racket
My parents / don' / like / roller-skates / because / they / are / dangerous
Tim / bus / usually / goes / work / by //

2. Your best friend eats junk food every day.

Help him/her to fix a healthydiet plan .

Write a paragraph giving advice and making recommendations to your best friend using: should/shouldn't, positive imperative /negative imperative .

/			8
/	Dear friend , If you want to lose weight you		<b>200</b>
		<b>\$</b>	
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# Mes pas vers le collège-Mme Amel Raddaoui First English exam

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It is her best friend's birthday Sarah, she decides to help her for the room decoration. Every thing is going fine until Sarah's brother comes and calls Nadine "Fatty". Nadine feels very sad with tears in her eyes, she keeps crying and tells her sister « I am fat and ugly, everybody hates me ».

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#### Reading comprehension

#### 1. Read the text and say True or False

Her family and friends want her to lose weight.

TRUE

Nadine doesn't practice any fitness activity.

FALSE

Sarah calls Nadine "Fatty".

FALSE

#### 2. Read the text again and answer the following questions:

How many glasses of water should Nadine drink every day?

### She should drink from 6 to 8 glasses of water a day.

Should Nadine follow a healthy diet?

#### Yes, Nadine should follow a healthy diet.

#### 3. Complete the table with information from the text :

Should	Shouldn't
<ul> <li>start with fitness activities eat proteins</li> </ul>	<ul> <li>eat junk food everyday like pizza, sandwich, crisps</li> </ul>
<ul> <li>drink from six to eight glasses of water every day</li> </ul>	<ul> <li>eat quickly</li> </ul>

#### Language :

- Rewrite the following sentences using should or shouldn't:
- Drink a lot of water
- \* You should drink a lot of water.
- · Don't eat too much bread and pasta.
- You shouldn't eat too much bread and pasta.

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