

Mes pas vers le collège-Mme Amel Raddaoui

Revision for my first English exam

2022 / 2023

6

Text

Nadine is an overweight girl. Her family and friends love her and want her to lose weight but she doesn't listen.

It is her best friend's birthday Sarah, she decides to help her for the room decoration. Every thing is going fine until Sarah's brother comes and calls Nadine "Fatty". Nadine feels very sad with tears in her eyes, she keeps crying and tells her sister « I am fat and ugly, everybody hates me ».

Her sister says to her : « Listen Nadine, If you want to lose weight, you should start with fitness activities and you shouldn't eat junk food everyday like pizza, sandwich, crisps.... You should eat proteins. You can get proteins from fish, meat, chicken, eggs, milk You shouldn't eat quickly, you should drink from six to eight glasses of water every day. Follow a healthy diet; I am sure you will feel better! » .

Reading comprehension

1. Read the text and say True or False

Her family and friends want her to lose weight.

Nadine doesn't practice any fitness activity.

Sarah calls Nadine "Fatty".

2. Read the text again and answer the following questions :

How many glasses of water should Nadine drink every day ?

.....

Should Nadine follow a healthy diet ?

.....

3. Complete the table with information from the text :

Should	Shouldn't

Language :

1. Rewrite the following sentences using *should* or *shouldn't*:

- Drink a lot of water

☞ You

- Don't eat too much bread and pasta.

☞ You

Writing

1. Reorder words to get meaningful sentences

He / like watching TV / but / he / doesn't / watch / at the moment /
because / he / sleeps //

.....

What / Wendy / does / at the moment / ? // She / cleans / her teeth //

-
-

Where / your cousin / lives / ? // She / lives / Sydney / in / Australia //

-
-

Why / you / eat / sandwich / now / ? // Because / I / am / hungry //

-
-

My brother / can't / play / tennis / because / he / not / has / racket

.....

My parents / don' / like / roller-skates / because / they / are /
dangerous

.....

Tim / bus / usually / goes / work / by //

.....

2. Your best friend eats junk food every day.

Help him/ her to fix a healthy diet plan .

Write a paragraph giving advice and making recommendations to your best friend using : *should/ shouldn't* , positive imperative /negative imperative .

Dear friend , If you want to lose weight you.....

...

.....

.....

.....

.....

.....

.....

.....

.....

.....



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Reading comprehension

1. Read the text and say True or False

Her family and friends want her to lose weight.

TRUE

Nadine doesn't practice any fitness activity.

FALSE

Sarah calls Nadine "Fatty".

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2. Read the text again and answer the following questions :

How many glasses of water should Nadine drink every day ?

She should drink from 6 to 8 glasses of water a day.

Should Nadine follow a healthy diet ?

Yes, Nadine should follow a healthy diet.

3. Complete the table with information from the text :

Should	Shouldn't
<ul style="list-style-type: none">▪ start with fitness activities eat proteins	<ul style="list-style-type: none">▪ eat junk food everyday like pizza, sandwich, crisps
<ul style="list-style-type: none">▪ drink from six to eight glasses of water every day	<ul style="list-style-type: none">▪ eat quickly

Language :

1. Rewrite the following sentences using should or shouldn't:

▪ Drink a lot of water

☞ You should drink a lot of water.

▪ Don't eat too much bread and pasta.

☞ You shouldn't eat too much bread and pasta.

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